

## Community Resource Guide

(All area codes begin with 863, unless noted otherwise)

### **ABUSE: CHILD & ADULT:**

Abuse Hotline 800-962-2873

Guardian Ad Litem Program 534-4605

Gulf Coast Community Care 904-3000

Peace River Center Domestic Violence Shelter

Women, Men, & Families 413-2700

### **ADOPTION:**

Catholic Charities- Lakeland 686-7153

Winter Haven 299-7983

Children's Home Society 519-3906

Devereux 298-4400

Florida Baptist Children's Home 688-4981

Florida Adoption Info Center 1-800-96-ADOPT

### **AIDS AWARENESS:**

Nat'l STD & AIDS Hotline 1-800-342-AIDS

Spanish 1-800-545-SIDA

Nat'l Prevention Info Network 1-800-458-5231

TDD 1-800-243-7012

Patient Care Services 519-8233

Polk County Health Department 413-2620

Central Florida Health Care 676-0022

**ALCOHOL/DRUG ABUSE:**

ACTS 428-1520

AA 687-9275

Al-Anon 687-3800

Toll Free 1-866-539-3030

Central Florida Behavioral Health 813-993-4446

Drug Helpline 1-800-662-HELP

Mothers Against Meth 519-0000

NA Helpline 683-6030

New Life Ministry 682-7842

Jeff Allen, PhD 676-4556

PRIDE Partnership of Polk County 294-1853

Talbot House Ministries 687-8475

Teen Challenge 647-1944

Tri-County Human Services 709-9392

The Recovery Village 352-771-2700

**COUNSELING & MENTAL HEALTH:**

Anchor House Ministries (Boys) 665-1916

Bay Care Inpatient Program for Children 727-834-3965

Bethany Center (Grief Services) 284-1669

Cornerstone Hospice (Grief Services) 421-3840

FL Division of Blind Services 499-2385

Catholic Charities-Lakeland 686-7153

Catholic Charities-Winter Haven 299-7983

Central Florida Behavioral Health 813-993-4446

Central Florida Health Care 676-0022

Children's Home Society 519-3906

Florida Sherriff's Youth Villa 533-0371

Frostproof Care Center 635-5555  
HELP of fort Meade 285-6600  
Innovations in Counseling 294-8845  
Kindelan, McDanal, & Assoc. 877-1855  
National Alliance for Mentally Ill 616-9642  
Peace River Center  
Lakeland 248-3300  
Bartow 519-3750  
Polk County Veteran's Affairs 534-5220  
Psychological Associates of Central Florida  
Dr. Marshall 644-8470  
Women's Resource Center 294-5318  
Salvation Army-Lakeland 682-8179  
Sandy Pines 561-744-0211  
St. Joseph's Behavioral Health 813-870-4300  
Sun Coast Behavioral Health 941-251-5000  
Tri-County Human Services 709-9392  
Winter Haven Hospital 294-7062  
Youth & Family Alternatives  
(Truancy, Behavior, Substance Abuse) 499-2430  
University Behavioral Center 407-281-7000

**DENTAL CLINICS:**

Central Florida Health Care 676-0022  
Polk County Health Dept.  
Auburndale 965-6333  
Lakeland 413-2636  
Lake Wales 676-0210

**DISABILITY SERVICES:**

Achievement Academy 683-6504  
Arthritis Foundation 1-800-283-7800  
Center for Independent Living 413-2722  
Central Florida Speech & Hearing 686-3189  
Central FL Deaf Services 688-9394  
TDD 688-9394  
Child Find 534-0946  
USF/Infant & Toddler Program 701-1233  
Deaf Services/Polk County 701-0544  
Easter Seals Camp Challenge 352-383-4711  
Epilepsy Services of West FL 686-5880  
FL Diagnostic & Learning Resources 534-0950  
FL Relay Services 800-955-8770  
FL School of the Deaf & Blind 800-344-3732  
Goodwill Industries 701-1351  
Gulf Coast Community Care 904-3000  
Alliance for Independence 665-3846  
PCSB ESE Services 534-0930  
PCSB Special Olympics 534-0955  
Polk Training Center 956-1620  
Sunrise Community 680-2817  
Tampa Lighthouse for the Blind 299-3633

**DISASTER/EMERGENCY:**

Citizens' Information Line 534-0321  
FEMA 1-800-621-3362  
Special Needs Shelter 534-5600

**EDUCATION RESOURCES:**

FL. Diagnostic & Learning Resource 534-0950

Learning Resource Center 688-9477

**EMERGENCY YOUTH SHELTERS:**

George Harris Youth Shelter 595-0220

**EMPLOYMENT & JOB TRAINING:**

Goodwill Industries 701-1351

Experience Works (Seniors) 967-9631

Polk WORKS

Winter Haven 508-1100

Lakeland 967-9631

Veteran's Services 683-5627 ext 140

Vocational Rehabilitation

Lakeland 680-5534

Winter Haven 291-5280

**FAMILY & PARENTING RESOURCES:**

Family Fundamentals 686-1221

Head Start 533-0015

**FOOD, MEDICINE, FINANCIAL AID:**

Auburndale Relief Association 967-9711

Catholic Charities

Lakeland 686-1651

Winter Haven 299-7983

Church Service Center 533-5822

Dept. of Children & Families:

SNAP, Food Stamps, Medicaid 1-866-762-2237

Emergency Services 294-1939

Frostproof Care Center 635-5555

HELP of Fort Meade 285-6600

HOPE Center 683-8182

Lake Wales Care Center 676-6678

Lighthouse Ministries 687-3705

Mulberry Services 425-1523

Polk Social Services 534-5387

Salvation Army:

Lakeland 682-8179

Winter Haven 291-5107

Haines City 422-9640

SHARE Program 800-536-3379

Talbot House Ministries 687-8475

WIC (Women's, Infants & Children) 519-7542

The Outreach Center 665-7700

**HEALTH SERVICES & EDUCATION:**

American Cancer Society

Lakeland 688-2326

Winter Haven 294-0661

American Heart Association 686-8421

Red Cross 294-5941

Central FL Health Care 676-0022

Cen. FL. Speech & Hearing 686-3189

Achievement Academy 683-6504

Children's Medical Services 1-800-741-2250

Citizen CPR 680-1277

Epilepsy Services 686-5880

FL Kid Care 1-888-352-5437

Bartow Office 534-5313

Learning Resource Center 688-9477

March of Dimes 687-8909

National Kidney Foundation 1-800-927-9659

Polk County Health Department Clinics

Auburndale 965-5400

Bartow 519-7916

Haines City 421-3204

Lakeland 413-2620

Lake Wales 678-4144

Talbot House Ministries 687-8475

**HOMELESS SERVICES:**

Homeless Coalition of Polk 687-8386

Lake Wales Care Center 676-6678

Lighthouse Ministries

(Men only) 687-3705

Salvation Army

Lakeland 682-8179

Winter Haven 291-5107

Women's Resource Center 294-5318

Women's Care Center 534-3844

Talbot House Ministries 687-8475

**DOMESTIC VIOLENCE SHELTERS:**

Peace River (Polk)

**HOUSING REHABILITATION:**

Lakeland Housing Division 834-3360

Lake Wales Care Center 676-6678

USDA 420-4833

**HOUSING TRANSITIONAL:**

Lake Wales Care Center 676-6678

Salvation Army (Lakeland) 682-8179

Talbot House Ministries 687-8475

Tri-County Human Services 701-7373

Women's Care Center 534-3844

**LEGAL SERVICES:**

Dept. of Revenue (Child Support) 800-622-5437

Florida Rural Legal Services (Civil) 688-7376

Heart of FL Legal Aid (Divorce) 519-5663

**MIGRANT SERVICES:**

ALPI 956-3491

ESCORT 1-800-234-8848

Immigration Services 1-800-375-5283

Migrant Education 534-0655

Social Security Admin. 1-800-772-1213

**PARENT EDUCATION & SUPPORT:**

Family Fundamentals 686-1221

Health Dept. (Healthy Start) 413-2620



**PERSONAL DEVELOPMENT:**

American Red Cross 294-5941

Big Brothers/Big Sisters 682-5191

Boys/Girls Club 686-1719

Citrus Center Boys/Girls Club 967-1532

Parks & Recreation Dept. 534-4341

Women's Resource Center

Lakeland 687-5627 ext 107

Winter Haven 294-5318

YMCA-Lakeland 644-3528

Lake Wales 676-9441

**PRESCRIPTION PROGRAMS:**

GoodRX.com

Needy meds.com

Pparx.org

TogetherRxaccess.com

**SENIOR CITIZENS SERVICES:**

Alzheimer's Information Line 292-9210

American Assoc. of Retired Persons 666-1908

Catholic Charities

Lakeland 686-7153

Winter Haven 299-7983

Dept. of Children & Families 619-4100

Faith In Action 682-7249

Lake Morton Sr Center 687-2988

Polk Elderly Services 534-5320

**SUICIDE PREVENTION:**

National Suicide Prevention Hotline 1-800-273-8255

**SUPPORT GROUPS:**

National Alliance for Mentally Ill 686-1221 ext. 221 or 667-2068

AIDS Support Group 291-3737 or 678-1106

Alzheimer's Support Group 294-3144 or 299-1064

Amputee Support Group 293-1121 ext 1171

Aphasia Support Group 293-1121 ext 2726

Autism Support Group 686-1221 ext 221

Bounce 409-5049

Brain Injury Support Group 293-1121

Breast Cancer Support Group 291-6705

Breast Feeding Class 687-1100 ext 2097

Breathe Better With Support 965-5400

Cancer Support Group 291-6705

Diabetes Support Group 676-1433 ext 4166 or 284-1604

Domestic Violence Support Group 294-5318

Eating Healthy For Life 676-1433 ext 4166

Epilepsy Support Group 686-5880

Family & Caregivers Support Group 294-7056 ext 3673

Fibromyalgia Support Group 299-5170, 676-1433 ext 4166

First Month's Club for Parents 294-7020

First Steps Club for Parents 294-7020

Grief Support Group 297-1877

GoGrandmaGo 644-8239

LifeLink Donor Awareness Group 324-3186

Lupus Support Group 956-3904

Prostate Cancer Support Group 291-6705  
Polk County Mentally Ill Alliance 413-2788  
Newborn Care Class 687-1100 ext 2097  
Ostomy Club 293-1121 ext 1511  
Foster Parent Support Group 686-1211 ext 221  
Parkinson's Support Group 297-1706  
Perinatal Bereavement 325-9742 or 294-7044  
Prepare Childbirth Classes 687-1100 ext 2097  
Pulmonary Rehab Support 284-1985  
Rape Crisis Support Group 299-5025  
Stroke Support Group 297-1807  
Support Group for The Blind 293-6429  
Teen Prenatal Classes 687-1100 ext 2097  
Thyroid Support Group 357-7238

**TRANSPORTATION:**

Citrus Cars 508-1100 ext 342  
Citrus Connection 688-7433 or 688-5438  
Division of Motor Vehicles 499-2323  
Bartow Tag Agency 534-4711  
Lakeland Tag Agency 499-2351  
Polk County Human Services (Medicaid) 534-5200  
Polk County Transportation 534-5630

**YOUTH SERVICES/SHELTER:**

Bill Duncan Excel Center 665-1916  
Don Woods Excel Center 1-800-451-2229  
Florida Baptist Childrens Home 698-8811  
Florida Sherriff's Youth Ranch 533-7557

George Harris Youth Center 595-0220

New Horizons 428-1520

STAR Boot Camp (court order) 519-3995

Tampa Bay Academy 813-677-6700

University Behavioral Center 407-281-7000